

**October 2008: Highland Adult Activity Center: 209 North John Street, Highland, MI 48357 ♦ Office: (248) 887-1707 ♦**

**Transportation: (248) 887-4979 ♦ Nutrition: (248) 887-4694 ♦ Bldg. 2: Highland Station House, 205 W. Livingston Rd, Highland, MI 48357**

**♦ Lunch is served Monday – Friday at 11:45 a.m. 48-hour notice is needed for reservations. ♦ Cards are played daily at 9:00 a.m. bldg.2 Release Date 9-24-08**

Monday	Tuesday	Wednesday	Thursday	Friday
		<p><b>1. <u>Month of Computer Learning</u></b></p> <ul style="list-style-type: none"> <li>➤ 10:00 Blood Pressure Checks</li> <li>➤ 10:00-11:00 Basic Computing-by appt only</li> <li>➤ 12:30 BINGO</li> </ul>	<p><b>2. <u>Month of Dessert</u></b></p> <ul style="list-style-type: none"> <li>➤ <b>TRIP:</b> 10:15 Erwin's Apple Orchard-Hay Ride, Cider, Donut, <u>Animated Barn Tour \$10, lunch on your own at Alexander's Polish Restaurant</u></li> <li>➤ 11:00 Exercise</li> <li>➤ 11:45 Trivia and Apple Pie</li> </ul>	<p><b>3.</b></p> <ul style="list-style-type: none"> <li>➤ 10:00 Quilt Club, Bldg. 2</li> <li>➤ 12:30 Movie and Popcorn "Mad Money"</li> <li>➤ 2:00 Awareness thru Movement, Bldg. 2, \$6</li> </ul> <hr/> <p><b>4. SATURDAY: EVENT- 6:00 pm Fall Fundraiser \$40</b></p>
<p><b>6. <u>World Smile Day</u></b></p> <ul style="list-style-type: none"> <li>➤ 10:00 Poetry w/ Doug and a Smiley cake</li> <li>➤ 12:30 BINGO</li> <li>➤ 1:00 Genealogy Assistance--by appointment</li> <li>➤ 6:30-9:30 pm Cards</li> </ul>	<p><b>7.</b> 9:30-11:30 am Art Instruction with Donna, Today only FREE, Bldg. 2</p> <ul style="list-style-type: none"> <li>➤ 11:00 Exercise</li> <li>➤ 12:15 Speaker: Investments</li> <li>➤ 12:30 Rubber Bridge</li> <li>➤ 6:30 pm, Highland Car Nuts</li> <li>➤ <b>TRIP:</b> Point Edward Casino and Hiawatha Slots, MLE \$25</li> </ul>	<p><b>8.</b> 10:00 Blood Pressure and Blood Sugar Checks</p> <ul style="list-style-type: none"> <li>➤ 10:00-11:00 Basic Computing-by appt only</li> <li>➤ <b>EVENT: 11:30 Birthday and Anniversary Party</b></li> <li>➤ 12:30 Bingo</li> </ul>	<p><b>9. <u>Month of Cookies</u></b></p> <ul style="list-style-type: none"> <li>➤ 10:00 Ask the Director</li> <li>➤ 11:00 Exercise</li> <li>➤ 11:45 Trivia and Cookies</li> <li>➤ 4:00-5:30 pm Line Dancing \$3</li> <li>➤ <b>EVENT: 7:00 p.m. Meet the Candidates</b></li> </ul>	<p><b>10. <u>TRIP:</u> 9:30 Kensington Park, Local Color Tour, Milford Cemetery, Pizza \$10</b></p> <ul style="list-style-type: none"> <li>➤ 10:00 Quilt Club, Bldg. 2</li> <li>➤ 12:30 Movie and Popcorn "Nim's Island"</li> <li>➤ 2:00 Awareness thru Movement, Bldg. 2, \$6</li> </ul>
<p><b>11. <u>SATURDAY: TRIP:</u> 9:30 Detroit Historical Society Flea Market/Tour, Lunch is on your own \$11</b></p> <hr/> <p><b>13. MONDAY <u>Columbus Day</u></b></p> <ul style="list-style-type: none"> <li>➤ 12:30 Bingo</li> <li>➤ 6:30-9:30 pm Cards</li> </ul>	<p><b>14.</b> 9:30-11:30 am Art Instruction with Donna, Class #1, Bldg. 2, \$65 for 6 weeks-materials included</p> <ul style="list-style-type: none"> <li>➤ <b>EVENT: 10:00-2:00 Books are Fun (gift and book sale)</b></li> <li>➤ 11:00 Exercise</li> <li>➤ 12:30 Rubber Bridge</li> </ul>	<p><b>15. EVENT: HBA Senior Breakfast 8:00 am, Free</b></p> <ul style="list-style-type: none"> <li>➤ 10:00 Blood Pressure Checks</li> <li>➤ 10:00-11:00 Basic Computing-by appt only</li> <li>➤ 10:00 Ask the Pharmacist</li> <li>➤ 12:30 BINGO</li> </ul>	<p><b>16.</b></p> <ul style="list-style-type: none"> <li>➤ 11:00 Exercise</li> <li>➤ 11:45 Trivia and Cupcakes</li> <li>➤ 12:30 Armchair Travel: France</li> </ul>	<p><b>17. Wear Something Gaudy Day</b></p> <ul style="list-style-type: none"> <li>➤ <b>EVENT: 1:00-4:00 Flu Clinic/Health Fair</b></li> <li>➤ 10:00 Quilt Club, Bldg. 2</li> <li>➤ 10:00 "Ask the Lawyer" by appointment only</li> <li>➤ 2:00 Awareness thru Movement, Bldg. 2, \$6</li> </ul>
<p><b>19. <u>Month of the Apple</u></b></p> <ul style="list-style-type: none"> <li>➤ <b>TRIP: SUNDAY</b> 10:00 am Gem Theatre "Good Night Gracie" \$99 Above and Beyond, Pick up is at Walmart-New Hudson</li> </ul> <p><b>20.</b></p> <ul style="list-style-type: none"> <li>➤ Snack: Apple</li> <li>➤ 12:30 BINGO</li> <li>➤ 6:30-9:30 pm Cards</li> </ul>	<p><b>21.</b></p> <ul style="list-style-type: none"> <li>➤ 9:30-11:30 am Art Instruction with Donna, Bldg. 2</li> <li>➤ 11:00 Exercise</li> <li>➤ 12:30 Rubber Bridge</li> </ul>	<p><b>22. <u>Nat'l Nut Day</u></b></p> <ul style="list-style-type: none"> <li>➤ 10:00 Speaker: Breast Cancer Awareness</li> <li>➤ Snack: Nuts</li> <li>➤ 10:00 Blood Pressure</li> <li>➤ 10:00-11:00 Basic Computing-by appt only</li> <li>➤ 12:30 BINGO</li> <li>➤ 6:30 Genealogy How To</li> </ul>	<p><b>23.</b></p> <ul style="list-style-type: none"> <li>➤ 9:30 Make and Take a Pumpkin Ceramic with Deanne, \$5</li> <li>➤ 1:00 Exercise</li> <li>➤ 11:30 Trivia, Lunch and Baked Potato Bar, bring a topping!</li> <li>➤ 4:00-5:30 pm Line Dancing \$3</li> </ul>	<p><b>24. <u>Nat'l Bologna Day</u></b></p> <ul style="list-style-type: none"> <li>➤ <b>TRIP:</b> 9:30 <u>Color Tour and lunch at Rhapsody Hungarian Cuisine, lunch is on your own \$8</u></li> <li>➤ Snack: Bologna, Cheese and Crackers</li> <li>➤ 10:00 Quilt Club, Bldg. 2</li> <li>➤ 12:30 Movie and Popcorn "Made of Honor"</li> <li>➤ 2:00 Awareness thru Movement, Bldg. 2, \$6</li> </ul>
<p><b>27. <u>Make a Difference Day</u></b></p> <ul style="list-style-type: none"> <li>➤ 10:00 Draw a name &amp; share how you made a difference in someone's life—then give them a kiss (chocolate)</li> <li>➤ 12:30 BINGO</li> <li>➤ 6:30-9:30 pm Cards</li> </ul>	<p><b>28. <u>Plush Animal Lover's Day</u></b></p> <ul style="list-style-type: none"> <li>➤ <b>TRIP:</b> 9:15 <u>IKEA in Canton, Lunch is on your own \$6</u></li> <li>➤ 9:30-11:30 am Art Instruction with Donna</li> <li>➤ 10:00 Show N' Tell your favorite stuffed animal</li> <li>➤ 11:00 Exercise</li> <li>➤ 12:30 Rubber Bridge</li> </ul>	<p><b>29.</b></p> <ul style="list-style-type: none"> <li>➤ 10:00 Blood Pressure Checks</li> <li>➤ 10:00-11:00 Basic Computing-by appt only</li> <li>➤ 12:30 BINGO</li> <li>➤ 6:30 Genealogy How To</li> </ul>	<p><b>30. <u>Nat'l Candy Corn Day</u></b></p> <ul style="list-style-type: none"> <li>➤ 10:00 Book Club "Show Boat" Edna Farber</li> <li>➤ Snack: Candy Corn</li> <li>➤ 11:00 Exercise</li> <li>➤ 11:45 Trivia and Chili Cook Off Contest</li> </ul>	<p><b>31. HAPPY HALLOWEEN <u>National Carmel Apple Day</u></b></p> <ul style="list-style-type: none"> <li>➤ 10:00 Quilt Club, Bldg. 2</li> <li>➤ <b>EVENT: Halloween Party 11:00 am, \$4 WEAR A COSTUME</b></li> <li>➤ 2:00 Awareness thru Movement, Bldg. 2, \$6</li> </ul>

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