

March 2010: Highland Adult Activity Center: 209 North John Street, Highland, MI 48357 ♦ Office: (248) 887-1707 ♦ Transportation: (248) 887-4979

♦ Nutrition: (248) 887-4694 ♦ Bldg. 2: Highland Station House, 205 W. Livingston Rd, Highland, MI 48357

♦ Lunch is served Monday – Friday at 11:45 a.m. 48-hour notice is needed for reservations. ♦ Cards are played daily at 9:00 a.m. Bldg.2, Revision #7

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1. <i>Peanut Butter Lover's Day</i></p> <ul style="list-style-type: none"> ➤ Snack: Peanut Butter ➤ 10:00-10:30 am Exercise by Affinity Home Care Agency ➤ 10:30 am Speaker: "Identity Theft" with James Szegi ➤ 12:00 pm Bingo ➤ 1:00 pm Genealogy ➤ 6:30-9:30 pm Cards 	<p>2.</p> <ul style="list-style-type: none"> ➤ 10:00 am Game Board Day and Popcorn ➤ 12:00-3:00 pm Rubber Bridge 	<p>3.</p> <ul style="list-style-type: none"> ➤ 10:00-10:30 am Exercise by Affinity ➤ 10:00 am Blood Pressure Check by Age with Grace ➤ 10:00-11:00 am Computer Class ➤ 12:00 pm Bingo ➤ 2:30-3:30 pm "Music Lessons for Fun" by Evola Music 	<p>4.</p> <ul style="list-style-type: none"> ➤ 11:30 am Trivia & Pie ➤ 12:30 pm Wii Fun & Games 	<p>5. 10:00 am Pet Therapy</p> <ul style="list-style-type: none"> ➤ 10:00 am Quilt Club, Bldg2 ➤ <u>TRIP: 11:00 am, Ukrainian Cultural Club, lunch on your own, \$10</u> ➤ 12:00 am Popcorn & Movie "Imagine That" ➤ 2:15-3:15 pm Awareness Move Exer. Bldg 2
<p>8.</p> <ul style="list-style-type: none"> ➤ 10:00-10:30 am Exercise by Affinity Home Care Agency, Inc. ➤ 12:00 pm Bingo ➤ 6:30 -9:30 pm Cards 	<p>9.</p> <ul style="list-style-type: none"> ➤ <u>TRIP: 9:00 Shopping in Novi \$10</u> ➤ 12:00-3:00 pm Rubber Bridge ➤ 12:30 pm Cooking Class \$2 ➤ 6:30 pm Highland Car Nuts 	<p>10. 10:00 am Blood Press.-Age w/ Grace</p> <ul style="list-style-type: none"> ➤ 10:00 am Ask the Nurse ➤ 10:00-10:30 am Exercise by Affinity ➤ 10:00-11:00 am Computer Class ➤ EVENT: 11:30 am BIRTHDAY & ANNIV PARTY: Free cake/icecream ➤ 12:00 pm Bingo ➤ 2:30-3:30 Music Lessons for Fun ➤ 7:00-9:00 pm Coin Club 	<p>11.</p> <ul style="list-style-type: none"> ➤ 10:00-11:00 am "Safety Self Defense Class" with Officer Oswald \$5, Sign Up With Bev ➤ 11:30 am Trivia & Chocolate Chip Cookies 	<p>12.</p> <ul style="list-style-type: none"> ➤ 9-2:00 p.m Tax Preparation by appt. only ➤ 9:30 am Foot Doctor, by appt. only ➤ 10:00 am Quilt Club, Bldg 2 ➤ 10:00 am Pet Therapy ➤ 12:00 pm Popcorn & Movie- "The Taking of Pelham 123" ➤ 2:15-3:15 pm Aware. Move Exer., Bldg 2
<p>15.</p> <ul style="list-style-type: none"> ➤ 10:00-10:30 am Exercise by Affinity Home Care Agency, Inc. ➤ 12:00 pm Bingo ➤ 6:30 -9:30 pm Cards 	<p>16. American Chocolate Week</p> <ul style="list-style-type: none"> ➤ Snack: Chocolate-SURPRISE ➤ 10:30 am Craft Class: Making Corsages and Boutonnieres with Fresh Flowers, \$5, Sign up with Bev ➤ 12:00-3:00 pm Rubber Bridge 	<p>17. 10:00 am Blood Pressure Check by Age with Grace</p> <ul style="list-style-type: none"> ➤ 10:00 am Ask the Nurse ➤ 10:00-10:30 am Exercise by Affinity Home Care Agency, Inc. ➤ 10:00-11:00 am Computer Class ➤ EVENT: 11:00 a.m. St. Patrick's Day Party, \$5 ➤ 2:30-3:30 pm "Music Lessons for Fun" by Evola Music 	<p>18. B'day of Pillsbury Doughboy</p> <ul style="list-style-type: none"> ➤ Snack: Pillsbury Cinnamon Rolls ➤ 10:30-11:00 am Harmonica Lessons, Bring your own Harmonica, Free ➤ 11:00-11:30 am "Folk Music of the British Isles" on Guitar, Free ➤ 11:30 am Trivia & Green Dessert ➤ 12:30 pm Armchair Travel 	<p>19.</p> <ul style="list-style-type: none"> ➤ 10:00 am Ask the Lawyer ➤ 10:00 am Pet Therapy ➤ 10:00 am Quilt Club, Bldg. 2 ➤ 12:00 pm Popcorn & Movie "17 Again" ➤ 2:15-3:15 pm Awareness Move Exer. Bldg 2
<p>22.</p> <ul style="list-style-type: none"> ➤ 10:00-10:30 am Exercise by Affinity Home Care Agency ➤ 12:00 pm Bingo ➤ 6:30-9:30 pm Cards 	<p>23. National Chip & Dip Day</p> <ul style="list-style-type: none"> ➤ TRIP: 9:00am-4:45 pm Caesar's Windsor Casino, \$5 by Travel Treasures and Tours ➤ Snack: Chips and Dip ➤ 12:00-3:00 pm Rubber Bridge 	<p>24.</p> <ul style="list-style-type: none"> ➤ 10:00 am Blood Pressure Check by Age with Grace ➤ 10:00 am Ask the Nurse ➤ 10:00-10:30 am Exercise by Affinity ➤ 10:00-11:00 am Computer Class ➤ 12:00 pm Bingo ➤ 2:30-3:30 pm "Music Lessons for Fun" by Evola Music 	<p>25. Pecan Day</p> <ul style="list-style-type: none"> ➤ Snack: Pecans ➤ 10:00 am Book Club "To Kill A Mockingbird", Bldg 2, Community Room ➤ 11:30 am Trivia & Cheesecake ➤ <u>TRIP: 5:30 p.m. Lucky's Restaurant in Fenton, Dinner on your own. \$10 transport.</u> 	<p>26.</p> <ul style="list-style-type: none"> ➤ 9-2:00 p.m Tax Preparation by appt. only ➤ 10:00 am Pet Therapy ➤ 10:00 am Quilt Club, Bldg. 2, ➤ 12:00 pm Popcorn & Movie "My Life in Ruins" ➤ 2:15-3:15 pm Awareness Move Exer. Bldg 2
<p>29.</p> <ul style="list-style-type: none"> ➤ 10:00-10:30 am Exercise by Affinity Home Care Agency ➤ 10:30 am Speaker: "Senior Driving" by Excel Driving School ➤ 12:00 pm Bingo ➤ 6:30-9:30 pm Cards 	<p>30.</p> <ul style="list-style-type: none"> ➤ EVENT: 11:00 a.m Pastor/Priest Appreciation Brunch with Speaker Pastor John Wilk, \$5 ➤ 12:00-3:00 pm Rubber Bridge 	<p>31.</p> <ul style="list-style-type: none"> ➤ 10:00 am Blood Pressure Check by Age with Grace ➤ 10:00 am Ask the Nurse ➤ 10:00-10:30 am Exercise by Affinity ➤ 10:00-11:00 am Computer Class ➤ 12:00 pm Bingo ➤ 2:30-3:30 pm "Music Lessons for Fun" by Evola Music 		