

**July  
2010**


**Highland Adult Activity Center 209 North John Street Highland 48357**

Office: (248) 887-1707

Transportation: (248) 887-4979

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updated 6/10/10

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
	<b>NATIONAL:</b> Blueberry Month Hot Dog Month	Ice Cream Month Parks & recreation Month Peach Month	<b>1. Creative Ice Cream Flavor Day</b> 11:30 Trivia & ice Cream	<b>2.</b> 10:00 Quilt Club– Bldg 2 <b>12:00 Movie-The Blind Side</b> 2:00-3:00 p.m. Awareness Through Movement- Bldg 2
<b>5. Independence Day</b>  <b>Center Closed</b>  6:30-9:30 p.m. Cards	<b>6.</b> 10:00 Chess with Herb 12:00 Rubber Bridge <b>12:15 Caesars Windsor Casino \$5.00</b> <b>12:30 Wii &amp; Euchre with the Highland Library</b>	<b>7.</b> 10:00 Ask The Pharmacist With Walgreens 10:00-11:00 BP Checks 10:00 Chair Exercises 10:00-11:00 a.m. Computer Class 12:00 Bingo	<b>8. 9:30 Shopping in Brighton &amp; Howell \$10</b> <b>11:30 Birthday &amp; Ann. Party- cake &amp; ice cream</b> 11:45 Trivia <b>6:00-8:00 pm Grief Support Group</b>	<b>9. National Sugar Cookie Day with Sugar Cookie Snack</b> 10:00 Quilt Club– Bldg 2 10:30 Free Mary Kay Makeover <b>12:30 Popcorn &amp; Movie-Avatar</b> 2:00-3:00 Awareness Through Movement-Bldg 2
<b>12. National Rabbit Week Genealogy-Sign up Houghton Lake Trip-\$149 Travel Treasures &amp; Tours</b> 10:00-10:30 Chair Exercises 12:00 Bingo 6:30-9:30 Cards	<b>13.</b> <b>10:00 Activity Meeting</b> 10:00 Chess with Herb Lucre 12:00 Rubber Bridge <b>12:30 Cooking Class \$3.00</b> <b>6:30 Highland Car Nuts</b>	<b>14.</b> 10:00 Ask the Nurse 10:00-11:00 BP Checks 10:00 Chair Exercises 10:00-11:00 a.m. Computer Class 12:00 Bingo <b>7:00-9:00 p.m. Coin Club</b>	<b>15. 10:00 Founders Festival In Farmington, Dollar Tree &amp; Lunch at The Rainbow Room Chinese Restaurant (\$10.00 for transportation. Lunch on own)</b> <b>11:30 Trivia and Strawberry Shortcake</b> 12:30 Armchair Travel-Japan	<b>16. 9:30 Foot Doctor</b> <b>10:00 Ask the Lawyer</b> 10:00 Quilt Club– Bldg 2 <b>10:30 a.m. Picnic at Hickory Ridge Pines Park-bring a dish to pass. \$6 transportation.</b> 2:00-3:00 Awareness Through Movement-Bldg 2
<b>19. National Ice Cream Day</b> 10:00-10:30 Chair Exercises <b>10:30 Speaker-Angela Branch-Phone &amp; Mail Scams</b> 11:45 Ice Cream with Lunch 12:00 Bingo <b>1:15 Caesars Windsor \$5</b> 6:30-9:30 Cards	<b>20.</b> 10:00 Chess with Herb <b>10:30 Fowlerville Fair Free Senior Day (under 62 \$4 &amp; \$10 for transportation)</b> 12:00 Rubber Bridge <b>12:30 Wii &amp; Euchre with the Highland Library</b>	<b>21.</b> 10:00-11:00 BP Checks 10:00 Chair Exercises 10:00 Pulse, Oxygen, Blood Sugar Check by Visiting Angels 10:00-11:00 Computer Class 12:00 Bingo	<b>22. 10:00 Sing-a-long with Linda</b> 11:30 Trivia and blueberry dessert <b>11:45 Pot Luck with Hot Dogs-bring a dish to pass</b>	<b>23. 9:00 Veterans Club w/ Joe Salvia</b> <b>9:00 Canoe Trip and Pizza Lunch (\$25)</b> 10:00 Quilt Club– Bldg 2 <b>12:30 Popcorn &amp; Movie-It's Complicated</b> 2:00-3:00 Awareness Through Movement- Bldg 2
<b>26.</b> 10:00-10:30 Chair Exercises <b>10:30 Lansing Lugnuts Baseball \$20.00</b> 12:00 Bingo 6:30-9:30 Cards	<b>27. 10:00 Activity Meeting</b> 10:00 Chess with Herb 10:45 Craft -Scrapbooking and card class by Sue Black-Highland Library <b>11:30 Ice Cream Cones</b> 12:00 Rubber Bridge	<b>28.</b> 10:00-11:00 BP Checks 10:00 Chair Exercises 10:00-11:00 Computer Class 12:00 Bingo	<b>29. 10:00 Book Club-Bldg. 2- "Galveston " by Sean Stewart</b> <b>11:30 Trivia and Peach Dessert</b> <b>7:00 p.m. Grace Under Pressure Cancer Support Group</b>	<b>30.</b> 10:00 Quilt Club-Bldg 2 10:30 Free Mary Kay Makeover <b>12:00 Movie-Old Dogs</b> 2:00 Awareness Exercise <b>7:00-10:00 p.m. Summer Dance (\$10, Includes Appetizers and desserts)</b>